



AFTERCARE FORM FOR TATTOO'S

The average healing period of a tattoo is 1 to 2 weeks. Personal health and hygiene influence the length of the healing period and are of key during this period.

During the healing period you may experience itching. Personal hygiene is absolutely essential. Directly after the tattoo is finished it will be covered by sterile transparent foil.

1. Remove the foil after approximately 1 hour;
2. Rinse the tattoo with lukewarm water;
3. Let the tattoo dry for about an hour;
4. Apply a thin layer of **Bepanthen zalf**.

The tattoo should be treated as a wound. To let the wound heal as fast as possible, follow the upcoming advice:

1. Touch the tattoo as little as possible, if you do touch the tattoo (ie to clean it) wash your hands first
2. Rinse the tattoo twice daily with luke warm water and a mild (hypoallergenic) soap such as **Sebamed, Unicura or Neutral** for a period of 1 to 2 weeks.
3. After washing the tattoo gently dap it dry with a clean towel or tissue
4. Lubricate the tattoo twice daily with a **thin** layer of Bepanthen Zalf. Do not use other products without consulting and don't let anyone else use your tube,
5. Don't use wound disinfectants like Sterilon® of Betadine®
6. Never wear a bandaid or dressing pad over the tattoo
7. Don't wear tight or dirty clothing over the tattoo
8. Avoid contact with swimwater (chlorine, jacuzzi, etc) during the healing period. Salt water has a healing effect and is no problem.
9. Don't expose the tattoo to sunlight or sunbaths the first 2 weeks of the healing period
10. In case of extreme redness, swelling, bleeding, pussing, color change of the wound or pain contact your doctor.